



## RUGBY UNION RISK ASSESSMENT

HAZARD	RISK	PEOPLE AT RISK	CONTROL MEASURES	COMMENTS/ ACTIONS	RESIDUAL RISK RATING L M H	SEVERITY RISK RATING L M H	INITIAL IF ALL IN PLACE
Qualification of staff			<ul style="list-style-type: none"> <li>• <u>Rugby Union Coaching Session</u> – must be minimum level 2 coach or above</li> <li>• All Coaches must be CRB Checked</li> </ul>	<p>If no minimum level 2 coach – no session</p> <p>If no CSLA then no session</p>			
Staff : Adults/Child ratio			<ul style="list-style-type: none"> <li>○ <u>Rugby Coaching Session</u> - NGB ratio's apply 15:1</li> </ul>	<p>If staff <i>may</i> be working alone they must refer to this in the <a href="#">Event Specific Risk Assessment</a></p>			
People participating who are not eligible or medically fit	Legal liability & Unknown Medical conditions	Participants	<ul style="list-style-type: none"> <li>• Ensure participants are eligible to participate – age, ability etc relevant to the session</li> <li>• Ensure participants are medically fit to participate, enquire in sensitive and confidential manner</li> </ul>	Check through registers or verbally request information at open access sessions	<b>Low</b>	<b>Medium</b>	
Impact Injuries	Mouth/ face/ ear injuries	Participants	<ul style="list-style-type: none"> <li>• Gum Shields to be worn</li> <li>• Advise scrum caps for scrum members</li> </ul>	Checked by coach prior to the start of the activity	<b>Medium</b>	<b>Medium</b>	
Condition of playing surface	Slips, Trips & Falls	Participants & Leader	<ul style="list-style-type: none"> <li>• Inspection of the playing surface to ensure it is safe for the session to take place</li> <li>• Access to Qualified First Aider, First Aid Kit and Telephone</li> </ul>	Request letting body to fill excess divots/ clear debris if required	<b>Low</b>	<b>Medium</b>	

This generic risk assessment identifies the common hazards and control measures associated with this type of activity. Before undertaking the activity, the **ACTIVITY LEADER** must also complete an “**EVENT/ VENUE/ GROUP -SPECIFIC**” Risk Assessment

Risk Assessment Carried Out By:                      Name:    Signed:    Date

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Rugby Posts / Corner Flags	Cuts, Collision with Equipment	Participants & Leader	<ul style="list-style-type: none"> <li>Equipment meets National Standards</li> <li>All equipment is checked before use and ensure post protectors are been used</li> </ul>	Inform letting body / club of any concerns	Low	Medium	
Line Outs	Slips, Trips & Falls Cuts, Collision	Participants	<ul style="list-style-type: none"> <li>Correct coaching in controlled environment to learn the skills.</li> <li>Do not introduce lifting in line outs until the players have reached a higher standard</li> </ul>	Planned and structured coaching session. Participants aware of ALL safety points	Medium	High	
Scrum	Neck/ Back injuries	Participants	<ul style="list-style-type: none"> <li>Approved scrummage machines to be use for teaching the skill.</li> <li>In a game situation – if a scrum member is injured and there is no replacement who has been trained in the scrum then there must be Unopposed scrums</li> <li>Front row player encouraged to wear scrum caps</li> </ul>	Planned and structured coaching session. Participants aware of ALL safety points	Medium	High	
Strains and Injuries during and after play	Injury	Participants & Leader	<ul style="list-style-type: none"> <li>Recognised Coaching methods used</li> <li>Adequate Warn Up and Cool Down</li> <li>Participants Wearing Suitable Clothing and Footwear</li> <li>Access to Qualified First Aider, First Aid Kit and Telephone</li> </ul>	Planned and structured coaching session	Low	Low	
Studs	Rough Studs. Cuts etc	Participants	<ul style="list-style-type: none"> <li>Ensure coach/ referee checks studs prior to participant taking part in the session/ game</li> </ul>	Poor or incorrect footwear – participant should not take part in the session/ game	Low	Low	
Heat Exhaustion	Dehydration	Participants & Leader	<ul style="list-style-type: none"> <li>Regular Breaks and Access to Drinking Water</li> </ul>	Planned and structured coaching session	Low	Medium	

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Fire Evacuation procedures	Injury by heat / smoke or panic	Participants & Leader	<ul style="list-style-type: none"><li>• Fire evacuation procedures in place on site</li></ul>	Staff to familiarise themselves with evacuation procedures and exits, and brief group if necessary	<b>Low</b>	<b>High</b>	
Weather conditions	Dehydration, heatstroke, sunburn Hypothermia, pneumonia	Participants, Leader, volunteers and spectators	<ul style="list-style-type: none"><li>• Regular Breaks and Access to Drinking Water</li><li>• Appropriate clothing, footwear and protection against prevailing conditions</li></ul>	Asses the conditions and plan accordingly. Hats is sunny, extra appropriate clothing if cold and/or wet	<b>Low</b>	<b>Medium</b>	
Child protection	Participants vulnerable from members of the public	Participants	<ul style="list-style-type: none"><li>• Ensure that participants leave the play area with a buddy (to the toilets/drink/break etc)</li><li>• Leaders awareness of spectators at open access sessions and general public areas</li><li>• Photography requires written consent</li></ul>	Brief all participants before each session  Leaders make appropriate enquiry to member of the public Written consent collected from parent / guardian	<b>Low</b>	<b>Low</b>	

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